



# Medway Youth Soccer

## Travel Coaching Application

Name \_\_\_\_\_ Address \_\_\_\_\_

Phone \_\_\_\_\_ Team: \_\_\_\_\_

1. Please describe your coaching experience in Medway Youth soccer:

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2. Please describe any other coaching experience (soccer or other sports):

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3. Please describe your soccer playing experience:

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4. Please list the designation/year of your MYSA coaching license(s) (i.e. "F" 1998). If you do not have an "F" license or equivalent, you must take this course before the Fall Season begins.

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5. Please describe your availability for weekly practices (2) and games (1):

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6. Why do you wish to coach this team?

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7. Please describe your philosophy on communication with players and parents:

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8. Please describe your philosophy regarding playing time and tournament participation:

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9. Please submit other information you feel to be pertinent to your application:

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Thank you for your interest in coaching. A representative of Medway Youth Soccer will contact you regarding your candidacy. Please return your completed application to Medway Youth Soccer, P.O. Box 11, Medway, MA 02053. If you are applying to coach a Boys team, mark envelope "**Attention: Boys Travel Coordinator**". If you are applying to coach a Girls team, mark envelope "**Attention: Girls Travel Coordinator**". Medway Youth Soccer reimburses coaches for fees charged for licensing courses. *Coaches must re-apply to coach each year.*



# Medway Youth Soccer

**License Courses Information:** Courses are run by instructors from the Massachusetts Youth Soccer Association (MYSA). The MYSA instructional staff is a group of men and women who are dedicated to the development of excellent coaches. Most are teachers, many are college coaches; all have wide experience in soccer. Most of the staff coaches have US Soccer A or B licenses.

Resourceful, confident coaches are vital to the development of our children as soccer players. These courses stress: enjoyment, positive spirit, enthusiasm and creativity. The G and F courses are introductions, designed for first time coaches or those with little experience. The intention is to help you to become a more resourceful and confident "activity leader".

## **G Course**

Duration: 4 hours. No prerequisite.

Materials: MYSA G Manual and soccer coach training package.

Who: Novice coaches or coaches of U8 - U10 players with little experience.

Course Content: Ideas about how to organize practices and game days, lots of practical activities and games for practices, brief demonstrations of basic techniques.

## **F Course**

Duration: 8 hours. No prerequisite.

Materials: MYSA F Manual and Coaching the Goalkeeper by Tony Waiters.

Who: Novice coaches or coaches of U8 – U10 players with some experience.

Course Content: Ideas about how to organize practices and game days, many games and exercises for practices, a more thorough demonstration of basic technique, elementary goalkeeping technique and some basic tactical ideas.

**E Course:** The E course is for those who want to learn more about the techniques and tactics of the game and more about leading experienced youth teams.

Duration: 16 hours. F course is a prerequisite.

Materials: MYSA E Manual, Coaching the Team by Tony Waiters, Youth Sports Injuries by John F. Duff M.D.

Who: Coaches with some experience with U10, U12 and U14 teams.

Course Content: Systems of play, laws and restarts, game and exercises for practices, tactical ideas – including 2v1 situations, more on goalkeeping.

**D Course:** The D course is for coaches who want to refine their understanding of technique and tactics and their effectiveness as trainers or youth and adolescent players.

Duration: 40 hours. E course is prerequisite.

Materials: MYSA D Manual, So Now You Are a Goalkeeper by Joe Machnik and Frans Hoek and five video tapes from Jape Shatuck's International Tactics

Who: Experienced coaches of U12, U14 and U16 teams.

Course Content: Coaching methodology, fitness, goalkeeping, technical sessions on dribbling, receiving and shooting, coaching demonstrations, economical coaching methods for technical and tactical topics and for making corrections.